



After School Snacks Recipes



Apple Dip

Prep Time: 5 Min

Ready In: 5 Min

Ingredients

1 (8 ounce) package cream cheese

1/2 cup brown sugar

1 tablespoon vanilla extract

1/2 teaspoon cinnamon (optional)

Directions

1. Stir together the cream cheese, brown sugar, and vanilla extract until the sugar has dissolved, and the mixture is smooth.

Nutritional Information

Apple Dip

Servings Per Recipe: 8

Amount Per Serving

Calories: **137**

Total Fat: 9.8g

Cholesterol: 31mg

Sodium: 86mg

Total Carbs: 9.8g

Dietary Fiber: 0g

Protein: 2.1g

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